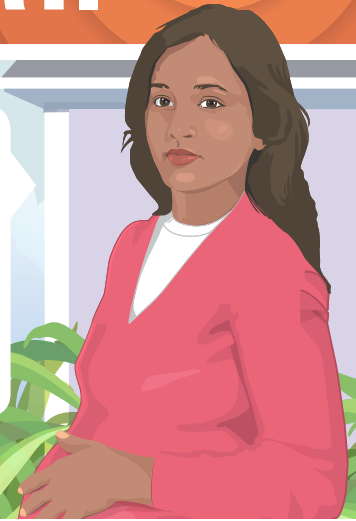


ZIKA PREVENTION TAKES A COMMUNITY. **DO YOUR PART.**



My community is helping protect my pregnancy from Zika by getting rid of mosquitoes in our homes, yard, and neighborhood. How are you helping?

Zika is spread by infected mosquitoes and can cause microcephaly and other serious birth defects.

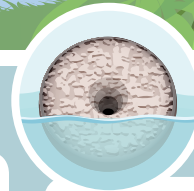


Once a week, my family and I dump out items that hold water, like flower pot saucers, to get rid of places where mosquitoes lay eggs.

I used an outdoor insect spray to get rid of mosquitoes in dark humid places. They like to hang out under my patio furniture and in my carport.

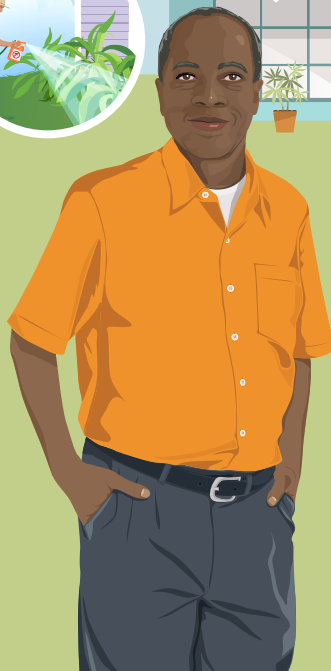


I repaired a crack in my septic tank so that mosquitoes can't get in.



I've noticed mosquitoes in my gutters so I used a larvicide to kill them.

We make sure our lawn is mowed regularly and that weeds are cut down near our house.



Learn more about how to get rid of mosquitoes at www.cdc.gov/zika/prevention



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention